

TOP NOTCH 1

Unit 4 Healthy and unhealthy things

Please watch the video

<https://www.didacticalearning.org/wp-content/uploads/2021/05/Topics-for-conversation-healthy-things-vs-unhealthy-things.mp4>

Then record a voice note answering the following questions:

1. How does he feel after working out? working out = hacer ejercicio físico.
2. What does he think about healthy and unhealthy things?
